

Castlemilk Park and Castlemilk Stables



2025-2026
Programme



Weekly Activities

Stables Studio

Mondays from 11am-1pm at Castlemilk Stables

Pop in for a cuppa and a chat in our community space. You will have access to art resources that you can try at your own pace such as knitting, painting, crochet etc.



Recharge and Connect at Stables Studio

Tuesdays from 11am-1pm at Castlemilk Stables

A mixture of artist led and self-led activities. This may vary and will include some trips, art workshops and holistic health workshops.

Thursday Feed

Every Thursday from 12pm-2pm in Castlemilk Stables

Come along for a light lunch, meet all the Community Team and volunteers and enjoy the space.



Castlemilk Park Volunteers

Meet at Castlemilk Stables

Tuesdays and Thursdays

10.30am-12.30pm and/or 1.30pm-3.30pm

You can get involved in lots of different weekly activities such as woodland and path maintenance, litter picks, wildlife surveying and woodland events.

Gloves and tools will be provided. Please dress for the weather. All are welcome and no experience is required.



Community Garden

**Tuesdays and Thursdays 10am-12pm
at Castlemilk Stables**

Come and learn methods of sustainable food growing, forest gardening, cooking and nature based workshops, or simply come along to chat and enjoy the space.

Open to all ages and abilities.
No experience necessary.

Please contact
community@cassiltoun.org.uk
if you would like to join
Community Garden activities



Creative Writing Group

**Every Wednesday 10am
to 12pm at Castlemilk
Stables**

Join us for a chat and share stories/poems or simply enjoy listening to others. No previous experience required.



Youth Advisory Panel

**Every Thursday 4pm to
6pm at Castlemilk Stables**

This group is for any young person living in Castlemilk between 14-25 years old. You may design your own projects, gain volunteer hours, and fundraise for projects and trips for the Group. Please contact us before attending.



Regular Activities

Health Walks

Monday 7th April until
Monday 1st September

Every Monday from 6pm
to 7pm

Meet at Castlemilk Parish
Church, 1 Dougrie Rd,
Glasgow G45 9NP

No booking required

Join us for a light walk
around Castlemilk and good
chat in the lighter nights.



Castlemilk Explorers - Wildlife Watch Group

Second Saturday of the
month

at Castlemilk Stables
10.30am to 12.30pm

Nature-themed activities
for 7-12-year-olds including
scavenger hunts, den
building, tree/leaf ID, survival
skills and creating activities
to encourage wildlife in
your community. This group
is loads of fun for young
explorers while learning at
the same time.

***BOOKING REQUIRED and
priority will be given to G45
Postcode***



Regular Activities

YEW (Youth Environmental Wardens) Woodland Group

This group is new for 2025 and for young adults from 13 to 18 years old. The activities will be woodland and path maintenance tasks, learning about wildlife and biodiversity recording. If you're interested in nature or a career in nature this is for you.

Pre-booking is essential for these popular sessions, please email community@cassiltoun.org.uk

Meet 2nd Saturday of the month 2pm to 4pm unless otherwise stated.



Community Advisory Panel

The group meet approximately every 6-8 weeks for two hours at a time but this may vary throughout the year, depending on what projects they are working on.

The group give suggestions to the Housing Association for areas of improvement, finding out what tenants want and making recommendations to the Board of Management. You can decide which topics you would like to focus on.

No experience is required, we just need your opinions!

If interested please email community@cassiltoun.org.uk

A graphic titled 'Q&A WITH COMMUNITY ADVISORY PANEL MEMBER BESSIE G ANDERSON'. It features several purple speech bubbles with white text, interspersed with white hearts. The questions and answers are as follows:
Q: Why are you part of the panel?
A: Because I get the chance to represent the questions a lot of tenants want to understand and get good information from the staff.
Q: Why should people join?
A: Because you learn so much about your housing policies and services.
Q: What have you learned from being on the panel?
A: I have learned a lot about housing policies i did not know about and also the chance to put our points of view across and see changes being brought about because of this.
Q: What would you say to encourage someone to join?
A: You will be made so welcome, it will not take up a lot of your time, you will get to ask questions and get answers to them, you can help change things for the benefit of all tenants, you get to know your housing staff much better.

Why do people come to our events and activities?

"I enjoy coming to socialise, I learn about what's going on in the community and it's a lovely friendly atmosphere."

"I feel I have gained confidence talking to and working with lots of different people- I've learned loads of new skills"

"I thought I was too old and set in my ways to learn new skills but going to the Stables has shown me you can always learn and enjoy new things."

"I used to feel quite isolated but now I have a reason to go out walking and talking and applying my mental strength to new challenges every week - it has provided me with a healthier lifestyle since joining."



Why do people volunteer?

"I enjoy volunteering with Cassiltoun. I have volunteered for 4 years now and I'm always meeting new people. I have learned a lot of new skills and the colleagues at Cassiltoun are very friendly and supportive. They do their best to match your skills to volunteering opportunities."

"I volunteer with the Youth Advisory Panel because I enjoy helping out the community, it also gets me out of the house and learn new experiences."

"I like volunteering because it has helped me find a sense of community, where I belong. I have met many new people and everyone is so friendly."



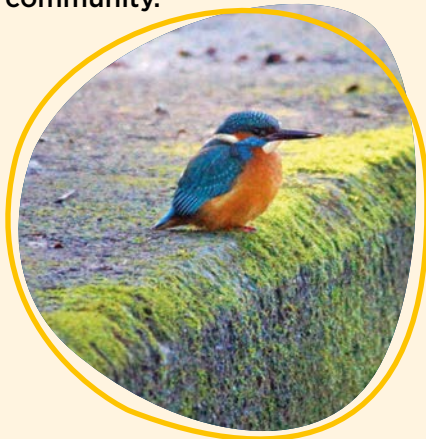
Local Nature Reserve and Castlemilk Park Map

Did you know?

Castlemilk Park in Glasgow has been declared as Scotland's 100th Local Nature Reserve.

What does this mean?

Castlemilk Park's new status has been endorsed by Nature Scot and Glasgow City Council. This will help protect its thriving ecosystem and its wildlife. We will continue to promote this urban green space for the community.





Key

- Daffodil Walk
- Waterfall Walk
- Ice House Walk
- Seats
- Bus Stop
- Train Station
- Roads
- Paths
- Stream
- Woodland

Enjoy Scotland's outdoors responsibly

- take responsibility for your own actions
- respect the interests of other people
- care for the environment.


KNOW THE CODE BEFORE YOU GO
SCOTTISH OUTDOOR ACCESS CODE outdooraccess-scotland.scot

Take Care in the Park

Please be aware that following heavy rain, and during cold snaps, the paths can be slippery underfoot. Take care particularly on the bridges and the steep paths.

SPRING

Event	Date	Time	Recommended for:
Step into Spring	Wednesday 9th April	1.30pm- 3.30pm	Children accompanied by an adult
Easter Food and Fun	Tuesday 15th April	1.30pm- 3.30pm	Children accompanied by an adult



SUMMER

Event	Date	Time	Suitable for:
Doggy Day	Saturday 5th July	1.30pm-3.30pm	All ages
Summer Wildflower ID	Thursday 10th July	4pm-6pm	14+ years
Midsummer Storytelling Event	July (Please keep an eye on our social media for updates)	TBC	14+ years
Summer Fun Day	Wednesday 30th July	1.30pm-3.30pm	Children accompanied by an adult
Tenant Conference	Thursday 7 August	TBC	Cassiltoun Housing Association tenants only
Summer Tree ID	Thursday 21st August	4pm-6pm	14+ years



AUTUMN

Event	Date	Time	Suitable for:
Bat Walk	Friday 5th September	7pm-9pm	All ages but children must be accompanied by an adult.
Glasgow Doors Open Day	Saturday 20th September	11am-4pm	All ages
Harvest Festival	Tuesday 14th October	1.30pm-3.30pm	Children accompanied by an adult
Pumpkin Festival Week	Sunday 26th October - Wednesday 29th October	Please keep an eye on our social media for updates or email us.	All ages



WINTER

Event	Date	Time	Recommended for:
Wreath Making	Sunday 30th November	11am-3pm	All ages
Photo Competition	Early January	N/A	All ages
Winter Tree ID	Early February. (Please keep an eye on our social media for updates.)	TBC	14+ years





Contact Details

Telephone: 0141 634 2673

Email: community@cassiltoun.org.uk

Address: Cassiltoun Housing Association, Castlemilk Stables,
59 Machrie Road, Castlemilk, G45 OAZ

Social Media


Facebook: Castlemilk Park Project

Facebook: Cassiltoun Housing Association


Twitter: Cassiltoun Housing Association @CassiltounHA
Cassiltoun Community Team @Cassiltoun


Website: www.cassiltoun.org.uk

Transport

 **Buses to Castlemilk Drive, asking for Machrie Road are:** 5, 34, 46, 74, 75

 **By train:** The nearest train station is Croftfoot which is 1.1 miles from Castlemilk Stables.

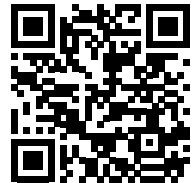
 **Parking:** There is parking outside Castlemilk Stables however this is often limited when big events are taking place.

 **Cycling:** Castlemilk stables has bike a storage area to leave locked bicycles



Mailing List

If you would like to sign up to Cassiltoun's Mailing List to keep updated about regular events throughout the year, you can sign up by scanning the QR code here:





Thanks to all our funders and partners!

