



Newsletter • Summer 2019

Development Update Getting closer to completion...

...see page 11 for the full story.

BE SAFE WITH CRUDEN

Castlemilk Stables • 59 Machrie Road • Glasgow G45 OAZ • telephone **0141 634 2673** fax **0141 634 9987 •** email **housing@cassiltoun.org.uk • www.cassiltoun.org.uk** Registered Scottish Charity No **SC 035544**



BE S

Chief Executive's Welcome



Welcome ...

...to our Summer 2019 newsletter.

The last few months have been incredibly busy at Cassiltoun. Our new housing developments are progressing well and the staff are already talking to the potential new tenants of these homes.

We have been working in partnership with Crudens, our developer, to ensure that they work closely with the community. We are pleased with their management of the development sites and with the local employment opportunities they have created as well as additional assistance they have provided – including repainting Cassiltoun Stables Nursery.

Stables Nursery held its end of year graduation which saw 13 children leaving the Nursery. We wish them all well with their moves onto primary school and look forward to hearing of their progress.

Our summer holiday programme has been as popular as ever, with on average 40 people attending our food and fun programme on a Monday and Thursday and many others coming along to the wide variety of events and activities for all ages. In July we took families to Heads of Ayr and as usual we had great luck with the weather and the children had a brilliant day.

Our AGM was well attended and our Board of Management are in place and ready for the months ahead. Most of you know Anna Stuart MBE. Anna has been a fantastic Chairperson for the last five years. However, due to the Association's Rules, Anna is required to step down after serving for five years. George Kelly who has been a member of the Board for many years and has held the position of Vice Chair and Chair of Stables Nursery, has been elected Chairperson of the Housing Association. Anna will continue to be an active member of the Board, will mentor new Board members and be an ambassador for the work of the Cassiltoun Group.

As I write this, the rain is pouring down and the children are trying on their new uniforms and getting ready to head back to school to start their new school year. At this point the Association starts to look towards the activities and challenges of the next few months. We will be busy creating a new website, getting ready for the implementation of the Freedom of Information Act, sending in our Assurance Statement to the Scottish Housing Regulator, our new builds will be coming offsite and our Autumn and Christmas community events programmes.

I hope you have all had an enjoyable summer and like me are looking forward to the rest of 2019.

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New Build development offers employment opportunities to local people

Cassiltoun Housing Association, working with Cruden Building and Renewals Ltd, are delighted that our new build development programme of 42 units has provided employment opportunities for local people.

Whilst working on the Association's Barlia 3 development, two local apprentices completed their apprenticeships and two are being kept on. A further local person has just been employed and began their apprenticeship on Monday 5th August 2019. Two local people were successful in their applications for general labourer posts after the posts was advertised via Cassiltoun Housing Association.

Pictured are the 5 local people who have gained employment with representatives from Cassiltoun Housing Association, Anna Stuart MBE, Fiona McGowan, Director of Operations and Jim Doherty, Clerk of



Works and Neil Smith, Site Manager and Chris Mangan, General Foreman from Crudens.

In addition to these posts, a further local person gained employment as a cleaner for the site.

Anna Stuart MBE commented *"I am delighted that our new build*

programme is having a positive effect on the local economy through our partner Crudens providing real jobs for local people and the additional economic activity with the workforce using the local shops and businesses. This kind of investment makes a real difference in people's lives."



Lord Provost Visits the Stables

In August we welcomed the latest (and our third) Lord Provost to the Stables. The current Lord Provost is Eva Bolander and she was elected to that position in 2017.

She was interested in finding out more about the work that we deliver. This included our housing development programme, our waiting list for homes and our community programme.

During her two hour visit, she spent time in Stables Nursery watching the children learning and playing and speaking to staff about our partnership work with Glasgow City Council, our focus on improving literacy, our expansion plans to help meet the Scottish Governments 2020 target and our Forest Kindergarten programme in Castlemilk Park.

The Lord Provost was delighted to see our 'Food and Fun' programme in action. This helped families across Castlemilk meet the cost of the summer holiday through providing healthy food and activities. Overall the project delivered 2630 meals and 580 people attended the programme at the Stables. Funding was received from Glasgow City Council and it could not have been delivered without the assistance of multiple partners including Castlemilk Parish Church, Ardenglen Housing Association and Castlemilk Community Football.

Finally she met some of our Stables Studio participants, including some residents from Ardencraig Care Home who attend the Group.

The Lord Provost was interested to learn about our volunteers and praised the Association for the work that it does for Castlemilk.

34th Annual General Meeting

Monday 12th August 2019 at 7.00pm

The 34th Annual General Meeting of Cassiltoun Housing Association was attended by 39 members; this represents 18% of the membership. Many thanks to our members for attending.

The AGM was informed of the Association's financial performance for the year 2018/19 by the Association's auditor, Scott Moncrieff.

The Association's Chairperson, Anna Stuart MBE informed the membership that we had said a fond farewell to our Chief Executive Officer, Charlie Millar who had led the organisation for over 14 years. With the Association's recent positive engagement with the Scottish Housing Regulator we were not required to undergo an options appraisal to recruit our new Chief Executive. The Association's ongoing succession planning and investment in developing our staff team meant that despite a highly competitive recruitment process, the Board were confident in their choice to promote an existing member of our Senior

Management Team, Clair Malpas, to lead the Cassiltoun Group. This has meant that the transition from one CEO to another was relatively seamless and offered new opportunities for other staff to take on additional responsibilities.

This year the first of our new Housing Developments has gone on site and has made good progress. The staff team are beginning speak to potential tenants and we are looking forward to seeing the first families move into these properties in time for Christmas.

As well as building new homes, we ensure that our existing properties are maintained to a good standard. Last year we spent a quarter of a million pounds on our major repairs programme and focussed on essential fabric work in the Hoddam and Ballantay area and this year we are installing 77 new kitchens and bathrooms in the Machrie, Oaktree and Barlia areas.

In 19/20, we anticipate that plans to develop a further 55 new flats on Castlemilk Drive will be approved and that we will set up a new social enterprise company to bring improved services to our tenants.

Our Advice Team continues to help people with financial difficulties and have assisted people to claim over £3 million in additional income over the past 5 years.

As many of you know our activities extend beyond letting houses. On average every year we receive over £300,000 of external grants and funding which allows us to deliver our extensive community regeneration programme. Our programme is packed full of activities from pumpkin and fairy festivals to youth events and health and wellbeing sessions. This year has seen an increase in people working with us as volunteers.

The Chief Executive informed the members that she was delighted to take on the role of Chief Executive in April 2019. She confirmed that she will work with the board and Staff team to deliver the best service to our cuistomers. The Association saw its regulatory engagement go from Medium to Low last year.

Our subsidiary, Stables Nursery which commenced in 2012 now has over 70 children and is financially performing well.

Our other subsidiary, Cassiltoun Trust continues to be part of Castlemilk with all of its activities and events.

In 2019, we carried out a Tenant Satisfactory Survey and the results are excellent. 100% of our tenants are happy with the information we provide to them; 91% are happy with the service they receive and 83% have stated that they receive value for money for the rent that they pay.

Registered Social Landlords will see the implementation of the Freedom of Information Act in November 2019. Cassiltoun have no areas of concern in this area as we are open and transparent with all of our information. With a review being carried out of our web site, we are confident that we will comply with all areas of Freedom of Information Act.

We wish to continue to engage with our tenants and welcome views on how we can do things better. We are looking at our tenant scrutiny group and assessing across the sector as to what is best practice to ensure that we are offering the best possible service.

Our Housing Development programme is well underway with Barlia 3 hopefully coming off site in December 2019. It is anticipated that Castlemilk Drive will start in Spring 2020.

Members elected the following Board Members at the AGM: William Craig, Julie McNeil, James Garrow, Richard Sullivan, Kim McKee and Chris O'Brien.

Following the Annual General Meeting, the Board of Management met to elect new office bearers for 2019/20.

The 2019/20 officer bearers are: Chairperson

Vice Chairperson Treasurer Secretary George Kelly Teresa McGowan Julie McNeil Evelyn F<u>erguson</u>

The remaining Board Members are:

Anna Stuart MBE William Craig Chris O'Brien Debbie MacKenzie Kim McKee Richard Sullivan James Garrow Board Member Board Member Board Member Board Member Board Member Board Member



Farewell to Board Members

The Association says farewell to the undernoted board members who stepped down from the Board:

Teresa Sadler

Donna Ferguson

George Kelly, Chairperson thanked them for all their hard work and support and wished them all the very best.

Staff Update

Goodbye to...

Grant Kennedy (Housing Officer) left 12th April 2019.

Welcome to...

Lisa McCaig (*Part Time Welfare Rights Officer*) joined the Association on 18th April 2019 working Wednesday, Thursday and Friday.

Ann Fraser (*Housing Officer*) joined the Association on 3rd May 2019.

Jodie Armour (*Participation & Funding Assistant*) joined the Association on 7th May 2019.

Jamie McGarry (Factoring Assistant – Community Jobs Scotland Placement for 52 weeks) joined the Association on 13th August 2019.

Rent Cards

If you require a rent card, please contact **Ainsleigh Butters** at the Association's offices on **0141 634 2673**.

Keep Castlemilk Beautiful

Cassiltoun Housing Association's staff team spent an afternoon cleaning up the local area and chatting to local residents. A litter pick and general tidy up of the street, garden and pavement areas was carried out.

The streets that were involved in the clean-up were:

Hoddam Avenue • Ballantay Road Castemilk Drive • Cavin

We take real pride in trying to improve the local environment for everyone to enjoy by working in partnership with tenants and key service providers, as well as employing an environmental contractor to undertake landscaping and close cleaning works. We would love more residents to get involved with shaping how we can improve the environment even further. If you would be interested in getting involved, then please speak to John Williams or James Wilson on 0141 634 2673.

We hope you noticed a huge difference after the work of the team – well done everyone!









As part of maintaining our Healthy Working Lives Gold Award, our Corporate Team and Cassiltoun Stables Nursery Manager took part in the 10k Race for Life on Sunday 19th May 2019. Over 6500 women took part in the event at Glasgow Green helping to raise money for Cancer Research UK.

Well done Hazel, Karen, Amanda & Paula!!



Cassiltoun Housing Association plays host to Study Tour from Ecole du Renouvellement Urbain

On 4th and 5th July 2019, you may have noticed the staff team here at Cassiltoun taking visitors for a tour around some of our housing stock and new build developments.

This was due to the Association being part of a Study Tour from Ecole du Renouvellement Urbain, France. We were delighted to welcome two groups of between 10-14 students who arrived at the Stables



each morning to learn about the history of Castlemilk and Cassiltoun Housing Association as well as our approach to housing management, maintenance, development and the renegeration and community engagement activities that the Association carries out.

The groups heard about the finances of the Association. They were particularly keen to hear about the different funding that the Association receives to assist with financing housing developments and our community activities in addition to how the Association sets and manages its rental income. This was followed by a presentation on the history of Castlemilk and Cassiltoun Housing Association from its inception through to present day and a tour of the Stables Building.

Finally, the groups were taken on a tour of the housing stock including a visit to our housing development sites and a vacant property. Both groups were very impressed with the standard of the housing stock, bothinternally and externally and the environment as a whole and were delighted that they met some of our tenants along the way.

It was an enjoyable two days for the Association and we learnt a lot from our French visitors about the differences in Social Housing in Scotland compared to France.

Become a member of Cassiltoun Housing Association for only £1.00

Becoming a member of Cassiltoun Housing Association gives you a real say in the future of your home and local community. Membership means you can stand for election to our Board of Management, attend our Annual General Meeting and vote to appoint members to our Board of Management. You must be at least 16 years old to apply for membership. You can join the Association for only £1. Application forms are available from the Association's offices or by contacting Paula Brownlie, Corporate Services Manager on **0141 631 5207**.

If you are a tenant of the Association, a service user or a person that supports the objectives of the Association you are eligible to become a member.



Fire Safety Investment

Cassiltoun Housing Association were delighted to welcome Aico's Regional Specification Manager, Tony Boyle, to deliver CPD training to its staff team.

Tony delivered a thorough training session on their smoke alarm systems that will be installed throughout the Association properties during 2019/20 & 2020/21 financial years. Residents of the Association were also invited along to see for themselves the new smoke alarm systems and ask any questions.

John Williams, Housing Manager - Property, commented, "As a sector, the quality of our tenants homes has never been as high on the agenda as it is



now, from energy efficiency measures to combat fuel poverty to the local



challenges of maintaining the quality of our environment. We are delighted to be rolling out an investment programme which will see the installation of smoke alarm systems which will further enhance the safety of our tenants. This improvement programme will run from August 2019 ."

Anna Stuart MBE, Board Member commented "The quality and safety of our homes has always been a high priority for us and we are confident that we will complete our programme of installation in the Autumn of 2020 which is well before the February 2021 deadline".

Garden Competition 2019

Our annual garden competition has again been a great success. The gardens in Castlemilk are looking good and this year was very tough to judge with so many to choose from.

After long consideration the winners of this year's competition were announced at the Annual General Meeting held on Monday 12th August 2019. Our Winning residents this year were:

Overall winner Mrs McCluskey - Tormusk Road (pictures below)

1st Prize Mrs McCluskey - Tormusk Road Mr Bogan - Barlia Drive



2nd Prize Mr & Mrs Docherty - Castlemilk Drive Mr & Mrs Bain - Machrie Road

3rd Prize

Mr & Mrs Garrow - Elmtree Gardens Mr Daneshfar - Barlia Grove

Cassiltoun Housing Association would again like to thank all our residents for their continuous commitment in helping to improve the local area and making it a more pleasant and colourful environment to live in.

We would also like to thank our environmental contractors Caledonian Maintenance who kindly donated the Prizes for the Competition.





Staying safe online

Be careful what you share online:

- when you choose a profile picture for a social networking website like Facebook or Twitter, avoid photos that could give people you don't know information about where you live.
- check your privacy settings regularly.
- think about what should be shared in public and what should be kept private.
- check your location settings some sites, apps and devices let you share your location with other users. Turning off location settings can help protect your privacy.

Think before you post

Don't upload or share anything you wouldn't want others seeing. Once you press send, it is no longer private. Anything you send can be shared with other people and you can't be sure who will end up seeing it.

Live streaming and apps like Snapchat can feel safer because they aren't permanent. But anything you post online can be screenshotted and recorded and if that happens it's out of your control.

Top 5 tips for keeping safe online:

- Be careful what you share
 Once something is online, it's out of your control. If you don't
 want your parents or teachers to see it, don't post it.
- 2. Don't meet people you don't know in person Even if you get on with them online, you never know who they really are.
- **3. Use a complex password** It should be hard for other people to guess your password and it's a good idea to change it regularly.
- **4. Check your privacy settings** Check who can see what you post and whether your accounts are public or private.

5. Talk about it

If you see something online that makes you upset or uncomfortable, talk to someone about it.

Glasgow City Council Useful contact details How to report Environmental issues:

How do I report antisocial behaviour?

- Phone the 24hr ASB helpline on 0800 027 3901.
- For an **ongoing noise incident** between 5pm and 3am, call our ASB Noise Service on 0141 287 6688.
- If it's an ongoing incident of a **criminal nature** call Police Scotland on 101 or 999 in an emergency.
- If you are a **Housing Association tenant** call your Housing Officeer in the first instance.

With your help we can stamp out antisocial behaviour in your community.

If you see something, say something:

Clean Glasgow Hotline

Litter, Dog Fouling, Fly Tipping, Graffiti and Fly Posting **0300 343 7027**

Cleansing & Bulk Uplifts	0141 287 9700
Roads & Lighting Faults	0800 37 36 35
Water Mains	
leakage or bursts	0845 600 8855
Police Scotland	101
Abandoned cars	0141 276 0859
Glasgow Operations Centre	0141 287 9999



Over 40's Trip to aras

This year our over 40's bus trip went to Largs. As you can see from the photograph everyone had a great day and the sun stayed out.



Tenants' summer trip to Heads of Ayr Farm Park

This year's destination for our annual summer trip was Heads of Ayr Farm Park. On Thursday 11th July, 210 tenants, factored owners and their children/grandchildren headed down the coast to Ayr to visit the Farm Park. Everyone who attended had a great time and loved seeing all the animals.



Did you enjoy our Vegan curry in the marguee over the summer...? Why not try this quick and tasty recipe for...

ogar Method

Prep: 15min

Cook: 1hr 35min > Ready in: 1hr 50min

- 1. Rinse and sort pinto beans, black beans and chickpeas. Place in a large bowl and cover with water. Soak overnight.
- 2. Drain beans and place in a large pot; cover with water. Bring to the boil and cook for 1 hour, or until beans are tender. It may be necessary to add more water during cooking to prevent drying out or scorching.
- 3. Heat oil in a small frying pan over medium high heat. Sauté onion and garlic until onion is transparent. Season with cumin and add to the beans along with the passata. Simmer for 20 minutes.
- 4. Stir in sweetcorn and cinnamon; cook 15 minutes more. Season with salt, pepper and cayenne to taste before serving.

Ingredients

- 200g (7 oz) dried pinto beans
- 200g (7 oz) dried black turtle beans (but you can use any beans

you like, eg butterbeans, kidney beans, borlotti beans)

- 200g (7 oz) dried chickpeas
- 1 tablespoon olive oil

- 1 onion, diced
- 4 cloves garlic, crushed
- 1 teaspoon ground cumin
- 1 (600g) jar passata
- 1 (340g) tin sweetcorn
- 1/2 teaspoon ground cinnamon
- salt and freshly ground black pepper to taste
- cayenne pepper to taste

Development//

Getting closer to completion...

If you have been in and around the Barlia area you will have seen the progress that Crudens are making with the new build development over the three locations at the former Church, the Labour club site and the LRT site.

The eight cottage flats at the old Labour Club site are most advanced, with scaffolding due to be dropped imminently and external landscaping beginning. The site across the road from the Labour Club site, the former local repairs team office, is also moving forward and will produce 12 twobedroom flats. Finally, the largest of the three sites, where the



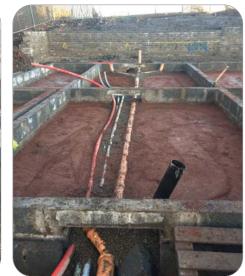
Castlemilk East Parish Church formerly stood, is pushing on with the development of 18 flats and four townhouses. Our in-house Clerk of Works, Jim Docherty, continues to monitor the quality of the workmanship and to date the feedback has been very positive.

Crudens have received very good scores from the 'Considerate Constructors Scheme' - an independent assessment scheme which assesses how builders are performing in relation to such issues as the appearance of the site, respect for the community and environment, health and safety matters and valuing the workforce. Well done to our Site Agent, Neil Smith, the Site Foreman, Chris Mangan and the rest of the Crudens team.

date

Five local people have been employed on the site and the project has also assisted in the Crudens apprentice programme giving some of the trainees further opportunities to develop skills in their chosen trades.

Cassiltoun HA appreciates the patience of local residents while the works are on-going. We know at times the roads can be busy and noisy with large vehicles but we trust everyone will enjoy the final outcome when we have transformed derelict land into 42 homes for people in housing need. We hope to have all 42 units passed over to us before Christmas 2019.



Castlemilk Drive

While the Barlia new project is visibly progressing, we can report that in the background, not quite so visibly, the development of Castlemilk Drive new build is also advancing through the planning and design stages. Our plan is for 60 new build flats, up to three storeys which will provide much needed accommodation ideally located for local amenities and public transport links. We aim to be on site in February 2020 with completion by the summer of 2021.

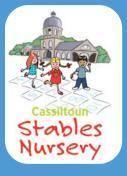
Nursery Site

The Association is still in discussions with Glasgow City Council over the potential development of the Nursery site at Barlia Terrace. We are working through their feedback on our Feasibility Study – much of the delay is due to the complexities in establishing the best way to move forward with the diversion of a high-voltage cable running through the site. Our current estimates are a site start in Autumn of 2021 with completion in 2023. Glasgow City Council are keen that the development has a mix of tenures and it is anticipated that the site will accommodate approximately 50 homes for social rent and 80 for private sale.









Graduation 2019

Our annual graduation and family fun day was a total success again. We would like to thank all of the families, friends and staff who came along to spend the day with us. We would also like to wish all of the children who graduated from Cassiltoun Stables Nursery the best **EUROPE & SCOTLAND** of luck on their new adventure in Primary 1!



Forest School

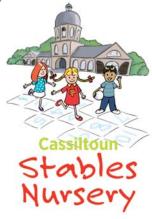
In the new term, we will be running forest school sessions in Castlemilk Park Woodlands. All children in the 3-5 room will have a set session for 8 week blocks to ensure equal opportunities. We will now also be introducing our forest school sessions to under 3s at an age and stage appropriate level. Forest school sessions develop life skills such as resilience, independence and problem solving, in addition to



Staff Development

In line with our annual improvement plan, the staff have been developing each playroom and the format of paperwork over the summer. This is to ensure that all children's individual needs are recognised, respected and supported. Staff have been attempting to create a calm, natural environment that stimulates all children to learn through play. Staff have taken part in environments, interactions, curriculum, observations and provocations training.

encouraging curiosity for all children and young people.



Set on the edge of the beautiful Castlemilk woods. this offers the most stimulating outdoor classroom and playground a child could ask for!

Open 7.30am - 6.00pm Monday to Friday inc. Bank Holidays Free - Glasgow City Council funded hours available for children 3-5 years Forest schools Programme available to all children

Full time, Part time and Term time places available Places available for 6 week - 5 year olds

Telephone 0141 631 5235 Email nursery@cassiltoun.org.uk Castlemilk Stables, 59 Machrie Road, Castlemilk, G45 0AZ

Registered Scottish Charity No. SC043312. Care Inspectorate Registration No. CS2012308178

Company Registration No SC423689.

Investment Programme

The Association is investing over £800,000 within its properties, renewing kitchens, bathrooms and central heating systems for the comfort of our residents. This highlights the Association's intention to improve the quality of our homes and meet tenants satisfaction.

Below are a few pictures and quotes from tenants who have received the investment within their properties:

Barlia Grove:

"MCN – guys were nice and friendly, they were in and out without a problem. I am very happy with the quality of my new kitchen and bathroom. City Technical – you wouldn't have noticed the men in working, they were very quick working".

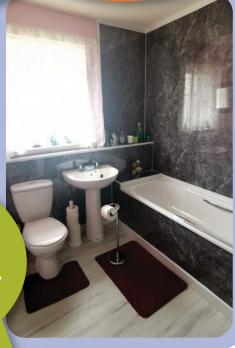




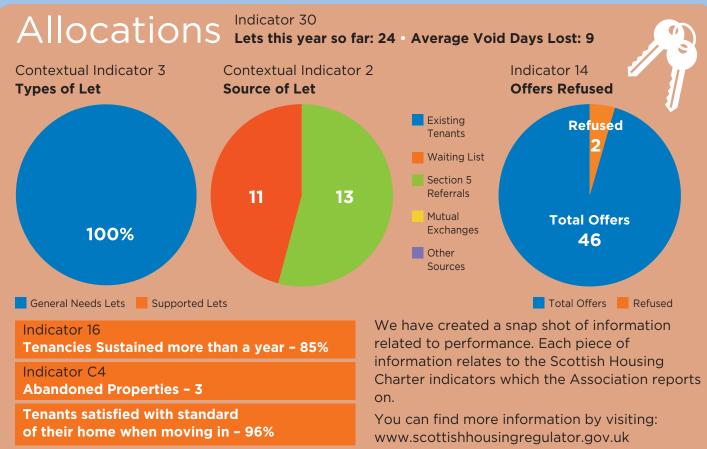
Barlia Gardens: "MCN - The workmen worked away and never stopped until the job was finished. Great quality work, the wet wall makes a big difference to regular tiles".



Barlia Grove: "MCN – guys were brand new, they got on with their job and I am very happy with my new kitchen. City Technical - guys worked very quickly and I can notice a difference when my heating is on, the house heats up so much quicker."



Scottish Housing Charter How we are doing... 01/04/19 - 30/06/19



Maintenance



Indicators 8, 9, 10, 11 & 12

Repairs Completed		
Emergency Repairs	147	Average 3.3 hours
Non-emergency Repairs	700	Average 4 days

93.6% of jobs completed Right First Time 99% Customer Satisfaction

Gas Servicing

Cassiltoun Housing Association carries out annual gas servicing to comply with the Gas Safety (Installation and Use) Regulations. This is a legal requirement it is

imperative that we gain access for the gas service within 12 months of the previous service being carried out.



Disabled Adaptations Indicators 19, 20 & 21				
Total Number Approved		10		
Total properties adapted		3		
Total number of adaptations carried out		4		
Total number of days to complete all adaptations		200		
Cost of all Adaptations	£	9,875		
Cost of Landlord Funded		23,671		
Cost of Grant Funded	£	6,204		

Anti-social Behaviour Indicator 15

Complaints Resolved Timescales met?

The Association has received 36 anti-social complaints and these are handled in line with our Neighbour Relation Policy. If you experience any anti-social incidents contact the office on **0141 634 2673**.

Rents

Indicator 26

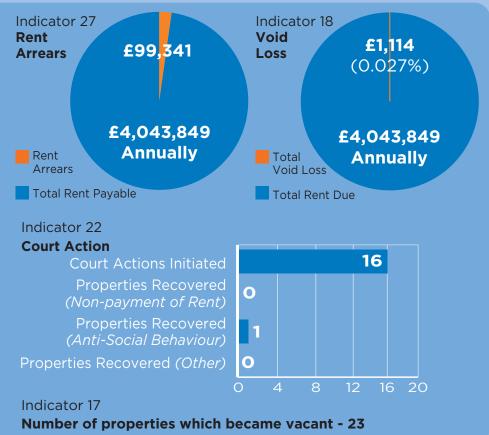
Rent Collected... £1,173,740

The Association's arrears were **2.5%** while our target is **2.77%**. The Association treats nonpayment of rent very seriously and takes all necessary action to recover moneys owed. 16 court actions have been initiated during this reporting period.

The Association offers a Welfare Rights service to all of our tenants who can assist with money related problems and assist with completing forms and applying for benefits. An appointment can be made by contacting the office on **0141 634 2673**.



Any dissatisfaction you may have with any of our services then we would encourage you to let us know. We treat any dissatisfaction very seriously and use the information to adapt and shape the services we provide.



Homelessness

Indicator 23

Homeless Referrals received	12
Offers made to Homeless Applicant	9
Offers accepted by Homeless Applicant	8

Advice Team – End of Quarter 1

EHQ	OI	Quar	ler
Perf	orr	nanc	е

Financial Gain

Debts Under Management

£70,866.68

£161,286.39

Best Start Grant

This has now replaced the Sure Start Maternity grant in Scotland. To be eligible, you need to live in Scotland and be in receipt of certain benefits or be under 18. The Best Start grant is more generous than the Sure Start Maternity grant and consists of 3 payments.



Scottish Government Riaghaltas na h-Alba gov.scot

Pregnancy & Baby Payments

You may be eligible if you are pregnant, have a new baby, you have adopted or if you become responsible for a child under one years old. This will be £600 for your first baby and £300 for a new baby where you have older children living with you.

Multiple births: if you have no other children living with you, then you will receive £600 per child. If you have other children, you will receive £300 for each child in a multiple birth and an additional £300 supplement.

Social Security Scotland began taking applications on **Monday 10th December 2018**.

Early Learning Payment

This is a new £250 payment to help with the costs of early learning when a child is between 2 and $3\frac{1}{2}$ years old.

Social Security Scotland began taking applications on **Monday 29 April 2019**.

School Age Payment

This is a new £250 payment to help with the costs of preparing for school around the time a child might start Primary 1 at around the age of 5. Social Security Scotland began taking applications from **Monday 3 June 2019**.

If you or your partner receive any of the following benefits you will be eligible for the Best Start Grant:

- Universal credit
- Income support
- Income-based jobseeker's allowance
- Income-related employment and support allowance
- Pension credit
- Housing benefit
- Child tax credit and/ or Working tax credit

You will be automatically eligible regardless of your income if:

- you are under 18
- you are aged 18 or 19 and someone claims child benefit, child tax credit or universal credit for you

If you are responsible for a child through adoption, as a guardian, kinship carer or a surrogacy arrangement then you will be able to make a claim up to the child's first birthday as long as your application is made within six months of you becoming responsible for the child.

If you have already received a Sure Start Maternity Grant or you have applied and received confirmation that you will shortly receive payments

under the grant you will not be able to get a Best Start Grant for the same child.

After 10th December 2018 you will no longer be able to make an application for a Sure Start Maternity Grant if you live in Scotland.

If you require any further information regarding this please do not hesitate to contact our Welfare Rights Officer.

Have you been affected by GLASGOW CITY COUNCIL EQUAL PAY?

If so and you receive any benefits, for example housing benefit, tax credits, income related benefits such as Employment and Support Allowance, Universal Credit etc, then please get in touch with us to check your benefit entitlement. Money Advice Team, 59 Machrie Road, Glasgow, Tel: **0141 634 2673**

Carer's Allowance Supplement

What is the Carer's Allowance Supplement?

The Carer's Allowance Supplement (CAS) is a twice yearly payment made by Social Security Scotland. It is made to people who are living in Scotland and getting a payment of Carer's Allowance on a set date.

It is a temporary payment, until Carer's Allowance is replaced by a new Scottish benefit. It has been introduced to quickly increase the amount of Carer's Allowance paid to carers in Scotland.

Who will get the Carer's Allowance Supplement?

You will get the Carer's Allowance (CA) Supplement if on the "qualifying date" if you are resident in Scotland and getting a payment of Carer's Allowance. There is no need to apply for it, you should be paid automatically. You don't have to get Carer's Allowance for the whole six months, just on the qualifying date however you are not eligible if you were entitled to Carer's Allowance on the qualifying date, but not actually getting any payments as you got another benefit instead. This is sometimes called having an "underlying entitlement" to Carer's Allowance.

The qualifying date

There is one qualifying date every six months. This year these dates are **Monday 15th April 2019 & Monday 14th October 2019**.

If you weren't getting Carer's Allowance on the qualifying date

If you weren't getting Carer's Allowance on the qualifying date, but are later given a backdated payment covering that date, you are then eligible for the CA Supplement. It should be paid to you at the same time as the next payments are made. This may be up to six months later.

How much is the Carer's Allowance Supplement?

The Carer's Allowance (CA) Supplement is currently **£226.20**. This payment is a lump sum which covers a six month period, either April to September or October to March. It does not matter how much Carer's Allowance you get, the amount of CA Supplement is the same.

How the Carer's Allowance Supplement is paid

You should receive a letter before your CA Supplement payment telling you when you will be paid.

If you are eligible on the first qualifying date (15th April 2019), you'll be paid the CA supplement on 24th June 2019. You should get a letter telling you this around 20th or 21st June 2019.

If you are eligible on the second qualifying date (14th October 2019), you'll be paid the CA supplement in December 2019.

The payment will be made in the same way as your Carer's Allowance is paid.

How the Carer's Allowance Supplement affects other benefits

The Carer's Allowance Supplement is normally ignored when working out the amount of any other benefits or tax credits that you get. From 27th October 2018, it is also ignored when working out the amount of your Council Tax Reduction. However some benefits are affected by the amount of your savings. If you already have some savings, getting a backdated payment of the CA Supplement may affect the amount of these benefits.

How the Carer's Allowance Supplement affects income tax

Carer's Allowance Supplement, like Carer's Allowance, is a taxable benefit. This means that you may have to pay more income tax because you get the Supplement.

Cassiltoun Housing Association will be submitting an application to Cash for Kids 2019 to assist parents and guardians with the cost of Christmas. The application is open to children under the age of 16.

You should have received a letter at this time by post advising of the criteria and how to make an application – if you have not received any correspondence please contact our office. You will be responsible for ensuring your details are

accurate and up-to-date. If there has been any changes to your household, please contact the office to let us know.

Please be advised that should you not respond to your letter or make contact then no application can be submitted on your behalf.

Christmas Magic

Many are feeling the pressure to spend in the run-up to Christmas – and this is especially true for those with kids. So we wanted to come up with some ways to sprinkle a little Christmas magic for free (or very cheaply).

Chances are your best childhood Christmas memories aren't about beautifully co-ordinated baubles or finest-range turkeys. For many, it's the build-up that's the most fun – traditions that involve creating memories with loved ones.

Your love and time really are the best gifts you can give. This could mean driving round after dark to admire Christmas lights or snuggling up with *The Muppet Christmas Carol*.

So, to inspire, here's a sackful of simple gestures and experiences to put smiles on kids' faces (and grown-ups' too):

Drive past twinkly streets after dark. Most areas have a street where Christmas-lovers go all out, festooning their houses with bright lights and glowing reindeers. So hop in the car and drive round admiring the displays. It's worth searching local papers and Facebook groups for tips on the most festive areas.

Snuggle up with The Polar Express and a hot

chocolate. For instant cheer, grab a blanket, switch on the fairy lights and snuggle up with a Christmassy movie. The cheesier the better. Add a little luxury with hot chocolate topped with whipped cream or marshmallows.

Why not join us at the stables for Outdoor Stables Cinema on 6th December 5.00pm to 7.00pm watch a Christmas film under the stars with your woolly hat and blanket.

Leave some clues to make it look like Father Christmas has been. Santa's such a pro at plopping down the chimney, he rarely leaves evidence that he's paid a visit. So consider leaving a few clues yourself. After little ones have gone to bed, creep past their bedroom door and jingle some bells.

A classic is leaving a huge boot-print in flour or soil. You can also add some morning mystery by hiding a sleigh bell and half-munched carrot in the garden to be 'discovered'. And as Father Christmas probably wanted to put his feet up for five minutes, leave something heavy on the sofa overnight to make a dent "where he plonked his big bottom".

> Build a Gingerbread house. Kids will delight in building a Hansel and Gretel-style gingerbread house together, then covering it in marshmallows and dolly mixtures. You can do it from scratch by following a recipe online or you can buy a kit for about £3. Alternatively, just grab some cheap digestives and icing sugar, then do your own thing.

Give back with a 'reverse Advent

calendar'. Why not help restock food banks by making a 'reverse Advent calendar'? The idea is that instead of opening a door, each day your child helps you put food aside in a box to be given away to those in need. Once finished, take your donations along to a foodbank. **Spot Santa's sleigh whizz through the stars – thanks to Nasa.** To younger eyes, Nasa's International Space Station can look a lot like Father Christmas as it streaks across the night sky.

There's a nifty free site for your little ones to watch Santa's progress on Christmas Eve. Log on to **NoradSanta.org** and check out ReindeerCam an official live feed of Santa's reindeers as they prepare for the big day.

• Start a fun Christmas tradition with 'elf on the shelf'. The 'elf on the shelf' is a tradition where you put an elf on, well, the shelf... to report back to Santa on kids' behaviour. The idea is every night you construct scenarios for the children to discover in the morning. One night the elf might play Twister with other toys, the next she might write her name on the sink in toothpaste.

You can pick up elves cheaply at pound shops or on eBay, and Pinterest awash with ideas for different scenarios. A big warning: the downside is you'll be leaping out of bed at midnight remembering that you haven't hidden it yet.

• Bust boredom by making your own Christmas decs and cookies. There's no need to spend a fortune on transforming your place into a John Lewis ad.

String up popcorn or make paper chains in jolly colours (pound shops often sell kits to make it a little easier). Alternatively, cut out snowflakes, create tree toppers out of loo roll tubes or cut up old Christmas cards to make 'baubles'. It all adds character, and Pinterest is choc-a-block with crafty ideas. Then on Christmas Eve, why not bake some Christmas cookies for Santa. There is a wreath making event over the weekend of 7th & 8th December at The Stables – please contact the office to book for Saturday and you can drop in on Sunday. Please contact office for more details.

- Wrap up for a winter forest walk. Make it a Christmas tradition to don your gloves and scarves, and head off for a winter walk in the woods. Pick up handfuls of fir cones to paint, then deck the house out with.
- Head to school or community Christmas fayres for cheap Christmas entertainment. There's no need to head to a posh department store to sit on Santa's knee. Schools' or community events usually feature a Father Christmas grotto for a few quid.
- **Give to a Christmas present appeal.** To help little ones find their Christmas spirit and understand its true meaning, get them to choose a gift for a child who might not normally receive a present.

Do you have Home Contents Insurance?

Do you pay for household items from companies such as BrightHouse? Did you know that you pay insurance on each item you have with these companies?

If you had home contents insurance this would cover all items in your home not just those you pay weekly for.

You would be covered against **Theft**, **Fire, Flood and Accidental Damage**, saving you money and giving you peace of mind that all your household contents are covered from as little as £1.20 per week.

Interested?

Then contact our Money Advice Team here at The Stables, 59 Machrie Road, Castlemilk or telephone 0141 634 2673 for a chat.



Warm Home Discount

You could get £140 off your electricity bill under the Warm Home Discount Scheme.

The money is not paid to you - it's a one-off discount on your electricity bill, between September and March.

You may be able to get the discount on your gas bill instead if your supplier provides you with both gas and electricity.

Eligibility

There are 2 ways to qualify for the Warm Home Discount Scheme:

If you get the Guarantee Credit element of Pension Credit this is known as the 'core group'.

If you receive this benefit on or before 7 July 2019 and your supplier is part of the scheme you'll receive a letter between October and December 2019 telling you how to get the discount if you qualify.

Your letter will say if you need to call a helpline by 28 February 2020 to confirm your details.

Your electricity supplier will apply the discount to your bill by 31 March 2020.

If you are on a low income or you get certain means-tested benefits this is known as the 'broader group'.

You have to apply directly to your electricity supplier for help if you do not get the Guarantee Credit element of Pension Credit.

To get the discount you'll need to stay with your supplier until it's paid.

Check with your supplier as early as possible. The number of discounts suppliers can give are limited.

Your electricity supplier will apply the discount to your bill by 31 March 2020.

Pension Credit & Free TV Licence



Pension credit is an income-related benefit aimed at people over state pension age (currently rising from 65 to 66 for men and women).

It offers older people a weekly top-up to their income and is available to single pensioners, including widows and widowers, as well as couples. According to the Government, more than three million households are eligible for pension credit, but four out of 10 fail to claim the benefit – in many cases because they don't realise they're entitled to it.



Pre-pay or pay-as-you-go meters

You can still qualify for the discount if you use a pre-pay or pay-as-yougo electricity meter.

Your electricity supplier can tell you how you'll get the discount if you're eligible, for example a voucher you can use to top up your meter.

Each supplier has discretion on closing date and eligibility criteria.

The scheme is due to open Summer 2019 for most suppliers, so check with your supplier or contact Money Advice Team @ The Stables, 59 Machrie Road, telephone 0141 634 2673 for assistance.

Warm home Discount Team 0800 731 0214

Even if you find out you're only entitled to a small amount of pension credit, it's still worth claiming as it means you can qualify for other benefits:

- Free TV Licence for over 75s from June 2020
- Housing Benefit
- Council Tax Reduction
- Warm Home Discount
- Cold Weather Payment
- Free dental treatment and help with glasses/contact lenses.

To check your if you would be entitled, please phone the Advice Team on 0141 634 2673 to find out how much you could get.

Community Development Update Celebrating Young People

We have loved hearing all the ways that young people should be celebrated across Castlemilk and so we are just going to keep on celebrating! This competition created by the young adult group means we showcase young people. The winner, through a lucky draw, received a £20 Amazon Voucher and a Certificate of Appreciation.

Megan Tiffoney, 22

Megan has been nominated for all of her hard work over the summer during Castlemilk Together's Barlia Pitches 3 week Soccer Camp programme – as part of a team she has helped with fruit deliveries, lunch duties and supporting the parent volunteers. Megan also supports the Friday Night Football at Barlia Pitches by staffing the clubhouse and sometimes making up to 40 hot chocolates in one night in amongst keeping the place clean, tidy, and welcoming! Well done welcome, what a great project to be involved in!

Emma Thomas, 14

Emma was nominated for her continuous volunteering at the Jeely Piece Playzone, giving up her time throughout holiday programmes, weekends, and during school holidays. Emma has been described as "a kind, well-mannered young woman who is always on time and nothing is too much for her to do" with "a lovely nature, is always polite with children and likes to assist staff members to keep herself busy." Emma's nominator thinks she is an "inspiration" to the younger children for taking the time to talk to them and share her skills. Well done Emma, you are an inspiration!

Victoria Mc Gowan, 20

Victoria has been nominated by multiple adults because "she is very helpful in the community to everyone else". Victoria gives her time volunteering with us here at Cassiltoun and has been part of the meet up group for young adults since it started in March 2016. Well done Victoria, we are very lucky to have you involved with us!

Cale Murphy, 18

Cale has been nominated for writing a song about having autism and how people relate to him. Cale has performed his song on numerous occasions to a live audience and is now getting ready to record and release the song on Spotify to help raise awareness about his condition. Wow, well done!

And the winner through lucky draw is... Reece Molloy!

Reece was nominated as a young boy of 9 who has had a lot to deal with since he was born as his brother, Ryan, was very ill with a cancerous brain tumour. Ryan tragically passed away and since then Reece has "found life very difficult" as they were like "two peas in a pod". Reece's nominator has highlighted how proud she is of Reece for his brave and courageous efforts in trying to "get on with normal life". We agree about how brave and courageous Reece is and wish him all the very very best.



Another amazing trip by the Meet-Up Group!

The Youth Meet-Up group successfully fundraised and organised for another great day out for teenagers on August 7th - this year they chose Tag Active in East Kilbride followed by Domino's Pizza. They've already started planning for next year through brainstorming ideas and have created a Fundraising Timeline to make sure there will be another opportunity for Castlemilk Teenagers next Summer! This event is just one of the things that this group is involved in. They also make decisions on what events/activities we should be doing, give their perspective across the Association such as



informing the design of the new Tenant Handbook, Volunteer Hoodies, and upcoming website, and they also access training and workshops in other places like across Glasgow and Stirling. This group is for 14-25 year olds and they meet at the Stables every Thursday between 4 and 6pm: these hours can be used towards awards including Saltire Awards and the Duke of Edinburgh Award. Come along or contact the Community Team to find out more!

"The Family Fun Days have been great for us this summer..."

We were delighted to be the lead organisation for Castlemilk Together's 'Food and Fun for the Summer' with activities and fun throughout the school holidays. During the Summer there's been 4 venues, 3 local caterers, numerous volunteers, lots of staff and a huge amount of enthusiasm! Well done to all involved. A big thank you to Glasgow City Council for the funding for this project – look out for more Food and Fun in the October holidays!











Out and About

Thank you to our Castlemilk Park Volunteers, Youth Group Volunteers and Stables Studio group who helped promote and fundraise at the Castlemilk Family Fun Day. It was a great day as always!

We were delighted to be invited back to deliver workshops in the local high schools including 'What Makes a Healthy Community?' and Survival Skills Team Building. We're already looking forward to next time!

Well done to the Cassiltoun Trust Community Bursary recipient!

On behalf of Cassiltoun Trust, we managed the second year of their Community Bursary Project designed as part of their 10 Year Anniversary Celebrations. Thank you to everyone who applied. The panel found this a difficult decision as all the

applications were fantastic!

A big well done to the successful applicant, Kinga Aleksandra, who said: *"Winning this was a big surprise, thank you! I was really happy as it will make a big difference as I moved out when I was 16 and it isn't easy living alone. This will ensure I have money for college. Thanks again."*



New to the Weekly **Activities... Friday Feed!**

Based on feedback we have started a drop in lunch on Fridays from 11-2pm where anyone is welcome to come in for some tasty food, a cuppa and a blether. During the Summer some of the feedback was having somewhere to socialise with other adults - why not bring the wee one to this?

On Fridays we also have our 'Digital Drop-Ins' between 10 and 4pm and welcome our new Digital Freelancer, Karen Murphy. See the infographics below to see what Karen has been up to in June and July and drop in or make a Wednesday one to one appointment!



July 2019 -1-June 2019 1.00 rs - one to one appaintme plies on \$101 Kill 2573 H B EMPLOYMENT ONLINE BANKING ANAGING IMPORTANT FIL APPLYING FOR JOBS REATE THE PERFECT CV LIFE IS FOR LIVING' POEM USING A STRONG PASSWORD AMILY REUNITED? IDENTIFYING SCAM EMAILS OP ONLINE

BET INVOLVED

Frank came in today showing off his new online shopping skills with his Beatles T-Shirt he bought from Amazon as he couldn't find it in the shops. Well done, Frank!



You're invited to our Harvest Eestival **Tuesday October** 15th 12 noon-3pm

The gardening group cannot wait to show off how amazing the Community Garden is looking. They have redesigned the space and through funding from Awards for All and The Nineveh Trust this has been completely rebuilt and is looking amazing.

There's new raised beds, a new gravelled path, compost bays, and a pizza oven! There are some final touches to be made. Come along for art, music, crafts, pizza making, a buffet lunch, and to enjoy the space.

Delicious outdo

Community Garden



Stables Studio ees Scotland

BET INVOLVED

Stables Studio had a great day out to see the Kelpies, thanks to funding from South Glasgow Health and Social Care Partnership. The group loved getting a tour inside one of the Kelpies and taking photos during a walk along the canal. One member of the class said "I feel like I'm on my holidays - thank you!"

Stables Studio were also involved in working with textile artist Deirdre Nelson as part of the Glasgow City Council's Creative Communities: Artist in Residence programme throughout the city. The group enjoyed decorating some bunting with her through drawing and embroidery. After collecting donations over several months, Stables Studio were pleased to support local charity Refuweegee, making cards, writing welcome notes and putting together welcome bags for the charity. As well as several new members joining over the past few months, the group also welcomed a local young person on work experience and shared their skills, showing her the basics of how to crochet.



Open Mic Night

What an absolutely brilliant night!

Thank you so much to each and every one of the performers (including the wonderful MC) who took the time to share their talents with us to create a marquee full of laughter, inspiration and memory making magic. On the night we saw the premier performance of Shiru Miruku (Castlemilk in Japanese) who have been working with Theatre Nemo to learn Taiko Drumming from people who were "never going to perform" to a group who have been asked to perform across the city, we are very proud! There will be more opportunities to learn this drumming and the group thoroughly recommend it to anyone. These talents were all local people - who else is out there with a story to share, a song to sing, a poem to perform, a drum to beat? Let us know to organise for next time!



Thank you to our Volunteers!

People volunteer across the Association and we couldn't be more grateful! From the Castlemilk Park Volunteers, to the Youth Meet-Up Group, to those that help set up and deliver events, and of course all those that give their time across our tenant groups and Board. A big thank you to you all and to all those who give their time across various groups and activities in Castlemilk!

We offer training and development opportunities, social events, and are open to other suggestions-as part of Volunteer Week Celebration we brainstormed with our volunteers on what they would like in our new Volunteer Handbook and what they would like to learn. Below are our upcoming workshops that everyone is invited to and watch this space for the new handbook! Please contact us if you would like to attend as spaces are limited.

"There's something for everyone"

Castlemilk Park Volunteers are involved in many roles from wildlife surveying, park clean ups, woodland management planning, supporting the children's groups and our many events – since April there has been over 400 volunteer hours which is amazing!

Angela who has been volunteering for just over a year says...

"I regularly walk my dog in Castlemilk Park and noticed it could need a little help such as litter picking I saw posters advertising volunteering and I came along to the "Friends of Castlemik Park" meeting. I really enjoy contributing some of my time, as I can make a difference in the park becoming a better place for the community.

I've got a lot more experience than I expected since I started volunteering, I have learned about the

environment and the biodiversity of the park, as well as being able to get some outdoor exercise. I've been given great training opportunities which has been fantastic and I've met lots of people. Everyone is welcoming and friendly."

"There is something for everyone. The Cassiltoun staff listen to you and what you want to get out of volunteering. There is no commitment, just come along and see what is happening."



Why Volunteer in

Castlemilk Park?



Monday

Stables Studio: drop in between 9.30am and 3.30pm for a warm cuppa and biscuit with a community artist at hand if you would like to have a go at; sculpture, recycled art, painting, jewellery making, seasonal crafts, knitting, crocheting, upcycling... anything! For 50 year olds and over from the G45 area..

Tuesday

Woodland Volunteering: 10am-12noon, meet at Castlemilk Stables for some light conservation tasks in Castlemilk Park. Gloves and tools provided, please dress for the weather, all welcome!

Community Garden: drop in between 10.30am and 3.30pm to grow food, cook, chat and other activities. No experience necessary!

Stables Studio: drop in between 9.30am and 3.30pm for a warm cuppa and biscuit with a community artist at hand if you would like to have a go at; sculpture, recycled art, painting, jewellery making, seasonal crafts, knitting, crocheting, upcycling... anything! For 50 year olds and over from the G45 area.

Wednesday

'Give It A Go' Storytelling Café: between 10am and 12 noon. Try your hand at storytelling, writing, or simply enjoy listening to others. All welcome and no previous experience is required, your interest is more than enough.

One to One Appointments: between 9.30am and 12 noon if you're looking for a hand with your laptop, tablet, CV writing, booking holidays, online shopping, anything!

Thursday

Woodland Volunteering: 10am-12noon, meet at Castlemilk Stables for some light conservation tasks in Castlemilk Park. Gloves and tools provided, please dress for the weather, all welcome!

Meet-Ups: if you're 14-25 years old and want to share ideas, work toward making them happen, or to simply have somewhere to have a chat between 4pm and 6pm, then drop in to these informal sessions. The group have so far organised trips to Go-Ape, Tag Active, Airspace and Auchengillan Outdoor Centre, have fundraised, been to Stirling and Edinburgh, and learnt how to make things to sell.

Stables Studio: drop in between 9.30am and 3.30pm for a warm cuppa and biscuit with a community artist at hand if you would like to have a go at; sculpture, recycled art, painting, jewellery making, seasonal crafts, knitting, crocheting, upcycling... anything! For 50 year olds and over from the G45 area.

Friday

Friday Feed: drop in between 11am and 2pm for a light lunch, all free, all welcome (children must be accompanied by an adult)! During this time there is also someone available if you're looking for a hand with your laptop, tablet, CV writing, booking holidays, online shopping, anything!

Volunteering

Looking to get involved? We have a range of volunteering opportunities from conservation tasks, at events, at our numerous food events, tenant groups and pop-up activities. Our volunteers have access to training and opportunities.

Any questions?

Contact the Community Team for a chat or any queries: 0141 634 2673, paddymckenna@cassiltoun.org.uk

Community Woodland

Barlia, Butterflies, and Bees!

We have now finished the wildflower plug planting on the grass slope at Barlia Football pitches. Hopefully in the next couple weeks some of the wildflowers will take hold to create a lovely Wildflower Meadow. A big thank you for everyone who helped plant the wildflowers – Castlemilk Boys Club, Castlemilk High School and our volunteers. Also, a big thank you to Volunteering Matters Action Earth for helping support the project.

The project will have a second phase this autumn which will see everyone getting involved to cut the grass and flowers. This will help the wildflower meadow improve for the following year. This small wildflower meadow will improve the biodiversity in this urban green space which benefit butterflies, bees and everyone around as it will look lovely and colourful! Keep an eye on our Facebook to see how you can get involved.

Upskilling with Minibeasts

Thank you to **Buglife - The Invertebrate Conservation Trust** for the 3 days of training

in Castlemilk Park. They learned about Insect Timed Count and how to record invertebrates (minibeasts) for a Pollinator Monitoring scheme.

If you would like to become involved in

surveying or Castlemilk park volunteers please email **stuartwhittaker@cassiltoun.org.uk**, phone **0141 634 2673** or pop into Castlemilk stables for more information.







Barlia Footballers getting involved



A butterfly has already found the flowers.

Doggie Day

Over 100 people and 30 dogs turned up to our Annual Doggie Day for lots of fun competitions including dog with the waggiest tail, most handsome/pretty dog, best dog in fancy dress. We even had a doggie photo booth! Thanks to everyone who took part and a big well done to all the winners - we already can't wait for next year!





Fantastic Forest Family Fun Day!

What a brilliant day. We welcomed almost 500 people through our doors to enjoy a bouncy castle, storytelling, face painters, smoothie bike, arts and crafts, game stalls, toasting marshmallows, delicious food, feedback games and lots more. A big thank you to our volunteers who were a huge help on the day. Also, thank you to Rowanbank for their Magical woodland walk, the Scottish Wildlife Trust and the Bat Conservation Trust who provided wonderful activities throughout the day.







Did you know that Friends of Castlemilk Park have a new logo?

Designed by the group, we think it looks fantastic! Find the group on social media and keep up to date with events, meetings, and how you can get involved.

Twitter: @castlemilkpark Instagram: Friendsofcastlemilkpark Facebook: 'Friends of Castlemilk Park'

The University of Cumbria and the Scottish School of Forestry visited to learn about our approach to urban forestry and community engagement –



And I will walk 574 miles...

The weekly Monday Strolls have seen an average of 10 people attending every week – from April they have walked a combined 574 miles! We would also like to give a huge thank you to Paul, one of our Castlemilk Park Volunteers, for his contribution in leading this year's evening strolls. Paul received all the appropriate training to take on this role but it's his enthusiasm and commitment that really makes a difference. Thank you, Paul!



Scavenger Hunts, Survival Skills, Sunlight Photography – it's great fun in the woodlands!

Did you know we have children's groups for all ages? Our **Woodland Nippers** is for zero to 6 years and our **Castlemilk Explorers** is on Saturdays and is from 7 to 12 years. These events are becoming more and more popular – there's still room for more! If you live in Castlemilk and you know a child who enjoys being outdoors then give it a try!



A Castlemilk Explorer picks invasive Himalyan Balsam as part of their scavenger hunt

Next Events

We have lots of events coming up over the next few months. For more information, keep an eye on our Facebook page or pop into The Stables for an events booklet.

Event Event	Date	Time		
Batman and Walkin'	Friday 13th September	7.00pm-9.00pm		
Follow in the Footsteps	Wednesday 18th September	1.30pm-3.30pm		
Doors Open Day Festival	Saturday 21st September	11.00am-4.00pm		
Inspiring Nature Event – Funghi Walk	Saturday 5th October	1.30pm-3.30pm		
Wreath Making (Booking Required)	Saturday 7th December	10.30am-11.45am 12.45pm-2.00pm 2.30pm-3.45pm		
Wreath Making (Drop in)	Sunday 8th December	11.00am-1.00pm		
Halloween				
Pumpkin Carving	Sunday 27th October	11.00pm-4.00pm		
Story Telling	Tuesday 29th October	Time TBC		
The Illumination	Tuesday 29th October	6.00pm-7.30pm		
Spooky Walk	Wednesday 30th October	Evening - TBC		

Monthly Activities

Wildlife and Photo Walks

and Talks for all				
Monday 9th September	1.30pm-3.30pm			
Monday 14th October	1.30pm-3.30pm			
Monday 11th November	1.30pm-3.30pm			
Monday 9th December	1.30pm-3.30pm			
Woodland Nippers - for zero to 6 year olds and their parent/guardians				
Thursday 5th September	11.00am-12.00pm			
Thursday 3rd October	11.00am-12.00pm			
Castlemilk Explorers – for 7 to 12 year olds to get out in the woodland				
Saturday 5th October	10.30am-12.30pm			
Saturday 2nd November	10.30am-12.30pm			
Outdoor/Indoor Cinema	a (NEW EVENT!)			
Friday 6th September (Indoor)	6.30pm-8.30pm			
Friday 4th October <i>(Outdoor)</i>	6.30pm-8.30pm			
Monday 28th October	6.30pm-8.30pm			
Friday 6th December (<i>Outdoor</i>)	5.00pm-7.00pm			



Office Closures

Please note that the office will be closed on the following dates: September Weekend:

Friday 27th September and Monday 30th September 2019.

If you need an emergency repair at weekends or while the office is closed, please contact our emergency number: **08000 921 961**



Getting in touch...

Castlemilk Stables • 59 Machrie Road • Glasgow G45 OAZ telephone **0141 634 2673 •** fax **0141 634 9987** email **housing@cassiltoun.org.uk •** website **www.cassiltoun.org.uk**

Office Opening Hours

Monday	8.30am - 5pm	Thursday	8.30am - 5pm
Tuesday	8.30am - 5pm	Friday	8.30am - 4pm
Wednesday	8.30am - 12.30pm	Saturday & Sunda	ay Closed